

# Save The Date

## “Team Up for School Nutrition”

OSNA Annual Spring Conference  
March 9<sup>th</sup> and 10<sup>th</sup>  
At



**Salem Conference Center**  
**Salem, Oregon**

Friday

**Get Certified**

Nutrition 101

(Needed for level one certification)

Serve Safe is being offered March 5 at FSA in Woodburn

Register on line at

Summer Foodservice Annual Training

Friday Night Fun Night

Banquet Dinner, Fun and Games and a Live Band

Opening Saturday Morning with:



## **Dayle Hayes, MS, RD**

**Nutrition for the Future, Inc.**

**MAIL:** 3112 Farnam Street, Billings, Montana 59102

**EMAIL:** [EatWellatSchool@gmail.com](mailto:EatWellatSchool@gmail.com)

Dayle Hayes is an award-winning author, educator and nutrition coach. In her writing and presentations, she brings a delightful blend of practicality and pizzazz to everyday nutrition advice. Her creativity and common sense have made her a sought-after speaker and workshop leader for professional and consumer groups across the country.

As a parent, nutritionist and member of the School Nutrition Association, Dayle is dedicated to improving school nutrition environments. She collected dozens of school success stories for *Making it Happen*, a joint project of the Centers for Disease Control and Prevention (CDC) and the U.S. Department of Agriculture.

**Continuing the day with:**

**Food and Equipment Show featuring over 100 vendors**

**Variety of Break-out Session**

**Closing with:**

# Mark Speckman



Mark Speckman has been coaching football at Willamette University in Salem for the past 17 years. He was the Bearcats offensive coordinator for three years and the head coach for the last 14 seasons.

He was named Northwest Conference Coach of the Year in 1999 and 2008 after coaching his teams to the NWC title. Mark was also named AFCA West Regional Coach of the Year in 2008 and was a finalist for the Liberty Mutual Coach of the Year in 2007 and 2008. He has led the Bearcats to the NCAA Division III national playoffs in five different seasons.

Mark Speckman is so much more than a football coach. He is a teacher, a motivational speaker, and a man who has learned to turn the adversity that life has dealt him into a positive affirmation. His life speaks volumes about never giving up, always doing the very best you can regardless of the circumstances, and how you can use your difficult (some would call it impossible situation) to help others. Mark Speckman was born without hands, a situation which might ultimately destroy the strongest of us. Mark has taken his physical liability and turned it into a positive. He has touched many thousands with his uplifting story.

He is frequently the keynote speaker at leadership conferences held by various businesses across the country. One can only hope those who have been fortunate enough to have met, heard or been involved with Mark Speckman realize how fortunate they were.

**Ending at 5:30 with small plates**